



# TAKING FAITH home

22 February 2015  
LENT 1B

THIS WEEK'S THEME:

Lent is a time to say "no" to sin and "yes" to Jesus.

## mealtime prayer

Lord God, as Lent begins, we thank you for the gift of life and for all that sustains it. Help us to depend on you, serve you and worship you this Lent. Amen.

## verse for the week

Christ died for sins once and for all time. The One who did what is right died for those who don't do right. He died to bring you to God.

1 PETER 3:18

## blessing

May God help you when you are tempted, and lead you along his good path. Amen.

## FAITH 5



**share** your highs and lows of the day or discuss some of the questions from the **FOURKEYS** Faith Talk.



**read** and highlight a passage of scripture in your Bible. These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Mark 1:9-15	The temptation of Jesus
Monday	Matthew 4:1-11	Jesus is tempted by Satan
Tuesday	Luke 22:39-46	Pray that you will not fall
Wednesday	1 Corinthians 10:1-13	God will provide a way out
Thursday	Hebrews 2:10-18	Christ helps those tempted
Friday	James 1:12-18	Do not be deceived
Saturday	Psalms 77	Prayer for God's help
Sunday	Mark 8:31-38	Jesus predicts his death



**talk** about how the Bible passage relates to your highs and lows or discuss some of the ideas in **FOURKEYS** Devotional Practices.



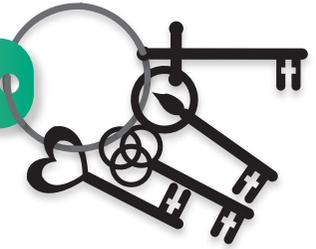
**pray** for your highs and lows, for your family, and for the world.



**bless** one another using this week's blessing or make up your own.

# FOUR KEYS

for the Home



## 1. Faith Talk

Discuss in your household or small group:

- What is temptation? Share about a time when you felt tempted.
- Jesus spent 40 days in the desert, where he was tempted by the devil. What do you think it was like for Jesus to spend that time alone in the desert?
- Why is it important for us that Jesus said "no" to the devil's temptations?
- How did Jesus fight the devil's temptations? How does God help us when we are tempted?



## 2. Devotional Practices

Ash Wednesday begins the season of Lent. The weeks of Lent are a time to refocus our lives on God. One important spiritual practice that Christians emphasise during Lent is prayer. Make this Lent a time of prayer for others. Cut out 36 pieces of paper (one for each of the remaining days of Lent, not counting Sundays), and on each one write the name of a person your household can pray for during Lent. Place these into a jar and mix them up. Each day of Lent (excluding the Sundays) pull out a slip from the jar and ask God to care for and bless the person named.



## 3. Service

As a Lenten practice, many people choose to give up something they usually enjoy. Decide together to forgo a special food item that you would normally buy each week, or to set aside the money you would usually have spent on takeaway food or eating out. At the end of March, use what you have saved to buy food items to donate to a community food shelf or food pantry serving the needy.



## 4. Rituals and Traditions

Make a "crown of thorns wreath" to serve as a home devotional feature. Make or purchase a grapevine wreath (or equivalent) to use as the base. Insert six purple candles, one for each remaining week of Lent, and a white candle to represent Christ. Light one candle for this next week, two candles for the week after, and so on. Begin Holy Week (on Palm Sunday) with all of the six purple candles lit, then extinguish one candle each night thereafter. Light the Christ candle as you celebrate Jesus' resurrection on Easter Sunday.

This week, read 1 Peter 3:18 (*the Scripture Verse for the Week*) as you light the first candle. Then say this prayer together: **Lord Jesus, thank you for dying to pay for our sins, once and for all time. Thank you for bringing us back to God. Amen.**

