



TAKING FAITH home

21 June 2015
PENTECOST 4B

THIS WEEK'S THEME:
Jesus has power to help us in times of trouble.

mealtime prayer

For all we eat, and all we wear; for daily bread and nightly care; for your good gifts to use and share; we thank you, Lord. Amen.

verse for the week

"Who is this man?" they asked each other.
"Even the wind and waves obey him!"

MARK 4:41

blessing

May God calm you when you are afraid.
May he give you faith to trust in his love. Amen.

FAITH 5



share your highs and lows of the day or discuss some of the questions from the **FOURKEYS** Faith Talk.



read and highlight a passage of scripture in your Bible. These readings are related to the Lectionary readings for this Sunday. Try to take time each day to read the assigned Bible passage.

Sunday	Mark 4:35-41	Jesus calms the sea
Monday	Exodus 14:5-21	The parting of the Red Sea
Tuesday	Joshua 3:1-17	The Jordan River stops flowing
Wednesday	Joshua 10:1-14	God makes the sun stand still
Thursday	Mark 6:45-52	Jesus walks on the water
Friday	Acts 27:13-38	Paul and the storm at sea
Saturday	Psalms 65	God silences the seas
Sunday	Mark 5:21-43	Jesus heals and raises to life



talk about how the Bible passage relates to your highs and lows or discuss some of the ideas in **FOURKEYS** Devotional Practices.



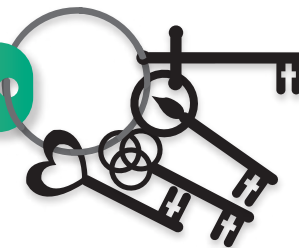
pray for your highs and lows, for your family, and for the world.



bless one another using this week's blessing or make up your own.

FOUR KEYS

for the Home



1. Faith Talk

Discuss in your household or small group:

- Share about, or draw a picture to represent, a time when you felt scared. What did you do?
- Out on the Lake of Galilee in a storm, Jesus' disciples were scared that they would drown and went to wake him. Do you think they thought he could do something to save them?
- Jesus stilled the storm with just a few words. How do you think this event changed the disciples' trust in Jesus? In what ways does faith in Jesus help you when you are scared or worried?



2. Devotional Practices

Find a woven basket or another object to represent a boat. In your household devotion times this week, share any fears or worries you may have. Write these down on slips of paper and place them into the "boat". When you have finished cover them with another slip of paper carrying the name of Jesus, or with a figure of Jesus. Read Psalm 107:28-31. Pray that Jesus will calm your fears and help you to see and trust that he is with you in every storm.



3. Service

Think of someone you know who is going through a stormy time in their life. Plan a special gift for them e.g. a bunch of flowers, a plate of cookies or a prepared meal. Arrange to visit them during this next week.



4. Rituals and Traditions

Plan a household visit to a local lake or creek. Make play boats out of used food or drink containers and enjoy sailing these together. Talk about the significance of water as a gift from God both in our physical lives and our spiritual lives (i.e. baptism).



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